VISIT…

Catch The Sewing Bug!

By
JoAnn
Gagnon

25 Fun and Simple Sewing Projects

Handy Phone Organizer

Slip on Garment Bag

Hot Weather Cool Wrap

Drawstring Purse

Soothing Lavender Wrap

Easy Sewing Projects

Mittens

Easy Tote Bag

Sewing Machine Cover, Pincushion & Needle Book

Throw Pillow

Pillow Case

Hair Scrunchie

Cute Headband

Doll Quilt

Doll & Baby Receiving Blankets

Baby Bonnet

Baby Cap

Baby Bib

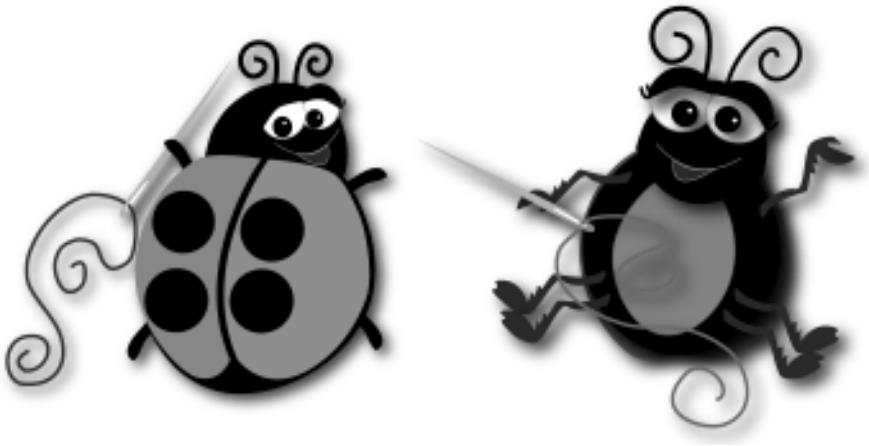
Lady Bug Puppet

Photo Organizer

Sweet Sachet

Catch the Sewing Bug

25 Fun and Simple Sewing Projects



Catch the Sewing Bug provides simple, do-able, fun projects for beginning sewing students. There is a great sense of satisfaction from being able to actually sew a project...especially one they can use themselves or give as a gift. This book is very basic, very easy, and requires a very minimal amount of supplies to complete the projects. All patterns and directions are included for each of the 25 projects.

Written By: JoAnn Gagnon

2007 Bunkhouse Books

No part of this publication may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopy, recording, or any other information storage and retrieval system, except for the following:
Bunkhouse books grants permission to photocopy the patterns on pages 35 - 39 to persons learning to sew from this book for their personal use.

Published and Distributed by:

Bunkhouse Books
JoAnn Gagnon
607 Lower Hogeye Road
Waitsburg, WA 99361
Toll Free (800)337-8845
www.bunkhousesewing.com

ISBN: 0-9714944-4-4

Table of Contents

How To Directions:

Supplies I will need	4
My Sewing Machine	5
Threading my Machine	6
Caring For My Machine	6
Sewing Rules	7
Control at the Machine	11
Threading a Needle	12
Machine Applique	14
Wonder Tape	15
Hand Sewing	18
Finishing Seams	20
Sewing on Fleece	23
Clipping Corners	29
Patterns	35

Sewing Center Projects:

Star Needle Book	8
Star Pincushion	9
Sewing Machine Cover	10

Projects for My Dolls:

Doll Pillow	11
Doll Pillowcase	11
Doll Receiving Blanket	12
Baby Receiving Blanket	12
Doll Quilt	13

Projects Just For Me:

Hair Scrunchie	15
Fancy Headband	16
Drawstring Purse	17
Sewing Bug Puppet	19
Easy Tote Bag	21
Hot Weather Cool Wrap	22
Comfy Fleece Mittens	23

Projects For My Room:

Sweet Sachet	24
Pillowcase	25
Slip on Garment Bag	26
Throw Pillow Cover	27

Projects for Gift Giving:

Tooth Fairy Pillows	28
Handy Phone Organizer	30
Soothing Lavender Wrap	31
Sleeve for Wrap	31
Baby Bonnet	32
Baby Cap	33
Baby Bib	34

Patterns for Projects:

Drawstring Bag Guide	35
Star	36
Tooth	37
Mittens	37
Ladybug Appliques	38
Sewing Bug Puppet	39

Sewing Supplies I Will Need

Successful sewing requires the right tools.

Tape Measure

To measure lengths

Pins

Use glass head pins. Use to hold fabrics together.

Seam Ripper

Use to remove unwanted stitches.

Scissors

Use to cut out fabrics and trim threads.

Seam Gauge

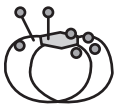
Small ruler for measuring short lengths.

Needles

Use for hand stitching.

Marking Pen

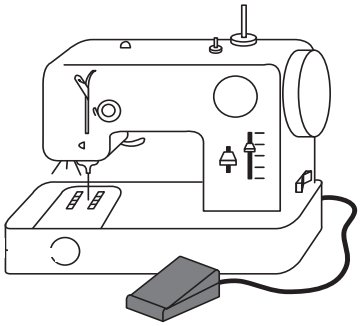
Make marks on your fabrics to help guide your pinning and stitching.



Pin Cushion

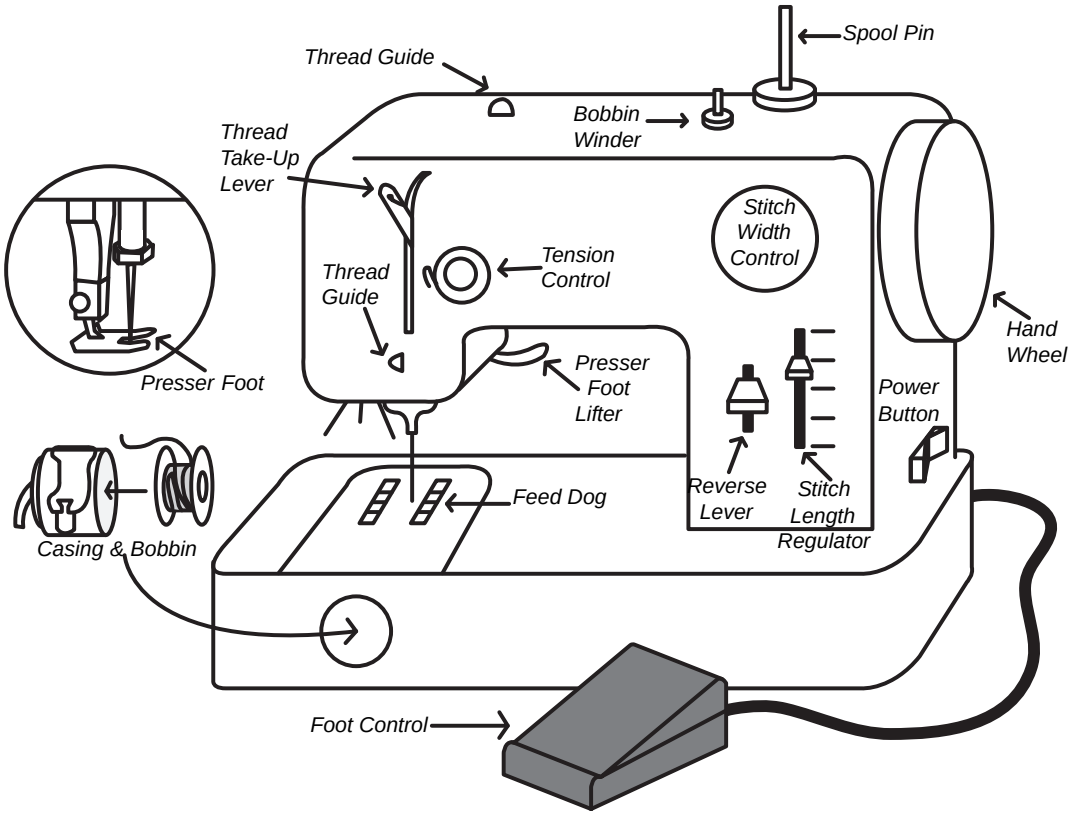
Stick your pins here to keep them sharp and organized.

Sewing Machine



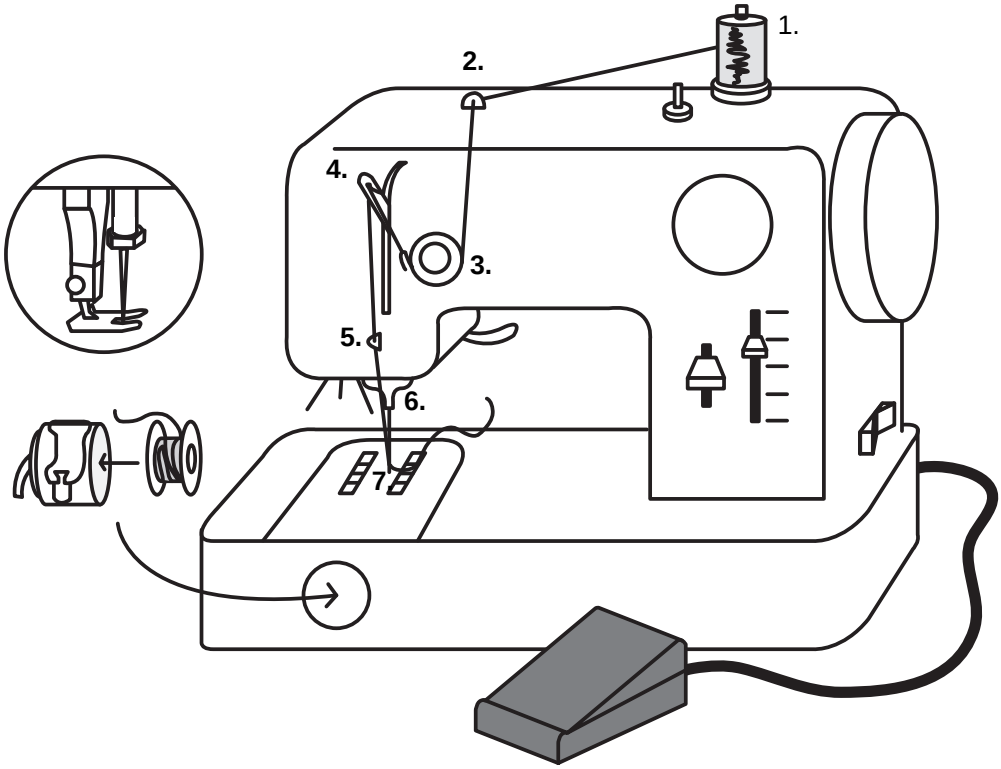
Your machine is your most valuable tool. It is important that you understand your machine, and how to thread and run it properly. All machines are different, but they operate in the same basic way. Be sure to read your owners manual to learn more about your particular machine.

The Sewing Machine



Presser Foot	Holds the fabric in place during the sewing process.
Presser Foot Lifter	Raises and lowers the presser foot.
Feed Dog	Feeds the fabric through the machine when stitching.
Hand Wheel	Turns with the stitches. Moving it will raise and lower the needle.
Spool Pin	Holds the spool of thread.
Tension Control	Controls the tightness of the upper thread.
Thread Take-Up Lever	Moves up and down with needle; takes up slack in thread between stitches.
Stitch Length Regulator	Adjust to make your stitches longer or shorter.
Stitch Width Control	Adjusts the width of your zig-zag stitch.
Bobbin	Is under the machine and holds the lower thread.
Foot Control	Press on this to control how fast or slow you stitch.
Thread Guides	Holds your threads in proper position.
Power Button	Turns the machine off and on.
Reverse	Press button to stitch backwards.

Threading Your Machine



We recomend checking your instruction manual for your specific machine, but all machines usually follow the following sequence: Place your thread on the spool pin (1), pull your thread through the thread guide (2), and down through the tension disc (3). Then bring it back up through the take-up lever (4), down through another thread guide(5) or two (6) and into the needle (7). Most machines will thread the needle from the front to the back.

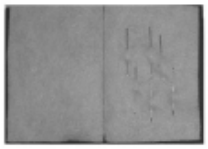
Caring for Your Machine

1. Keep your machine clean. Using a soft brush, clean the lint from the lower part of your machine after each project.
2. Keep your machine oiled - we recommend oiling every 3 months.
3. Rethread the machine if it is not stitching accurately.
4. Change your needle whenever you start a new project.
5. Make sure your bobbin is inserted correctly, and never change the tension on the bobbin case.

Sewing Rules

- Normal stitch length for sewing is a 2.5 setting.
- Always backstitch (forward 3 stitches, back 3 stitches, then forward 3 stitches) at the beginning and end of a seam.
- Be sure to check the pattern directions for correct seam allowance for your project. Garment sewing is normally sewn with a 5/8" seam allowance. 1/4" seam allowance generally means you can line the fabric up with the edge of the presser foot.
- Remove all pins as you sew. Do not let a pin go under the presser foot. If the machine needle hits your pin, it is likely to break the needle and throw off your machine timing.
- Press after you stitch each seam.
- Preshrink your fabric by laundering it as you would later, if it is an item you do not want to shrink.
- Read through the entire project before beginning. Make sure you have all the supplies and understand the procedures.
- Turn the hand wheel so that your needle is in the highest position when beginning and ending a seam.
- Do not use selvages in your projects...they can cause puckering.
- Practice your stitching on paper or a scrap of fabric if you are unsure of how to do something. Draw a line or curve and practice stitching on it.
- Finish inside seams that may fray by zig-zagging the edges. It is easiest to finish the edges before you start sewing the pieces together while the pieces are flat.

Star Needle Book

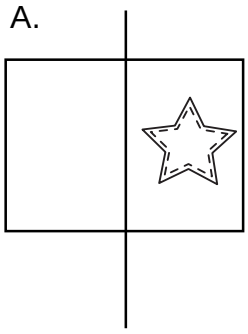


Materials Needed:

- 2 contrasting color felt squares
- Star pattern on page 36
- 3” square of *Heat’nBond*

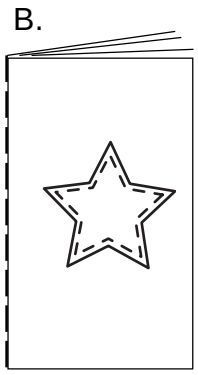
Cut Out Your Pieces:

- Cut out a rectangle, 4 1/2” by 6” out of each felt square.
- Following applique directions on page 14, apply *Heat’nBond* to 3” square of lightest colored felt.
- Cut the star shape out of this piece.



Sew On Your Star:

- Fold your dark rectangle in half and decide where you want to place your star.
- Adher star in place.
- Stitch your star in place, stitching 1/8” away from the outside edges. When turning a corner, put your needle down into the fabric, lift your presser foot, then turn your fabric, lower the presser foot and continue stitching (A).



Put the Book Together:

- Lay down your light colored felt piece.
- Lay your star piece exactly over the top, star side up.
- Pin together.
- Mark a line in the exact center (A).
- Stitch down this line. Be sure to backstitch at the beginning and the end (B).

You’re Done!

- Fold your book in half and place your needles inside for easy access when you need them.

Star Pincushion

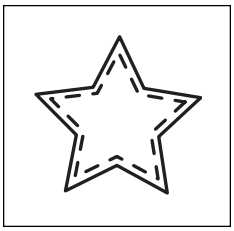
Materials and Supplies:

- 2 contrasting color felt squares
- Batting - about a handful!
- 3” square of *Heat’n’Bond*
- Star pattern on page 36

Cut Out Your Pieces:

- Cut 2 matching 4” by 4” squares of felt.
- Following applique directions on page 14, apply *Heat’nBond* to star fabric. Cut a star from this piece.
- You may use pinking shears to trim the edges of your felt square to make it look fancier.

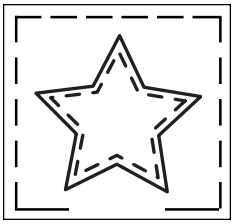
A.



Sew On Your Star:

- Center your star in the middle of one of your 4 X 4 inch pieces of felt. Adher in place.
- Stitch your star in place, stitching 1/8” away from the outside edge. When turning a corner, put your needle down into the fabric, lift your presser foot, then turn your fabric, lower the presser foot and continue stitching (A).

B.



Stitch the Pin Cushion Together:

- Pin the two felt squares together.
- Stitch 1/4” from the edge all the way around the pincushion, leaving a 1 1/2” opening on one side (B).
- Stuff the batting inside through the opening.
- Pin the opening closed and finish stitching (C).

C.

You’re Done!

- Place your pins into the pincushion to be able to grab them easily, and prevent them from getting lost.

Sewing Machine Cover

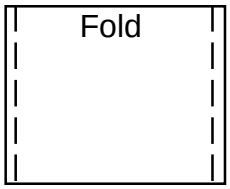
Materials and Supplies:

- 2/3 yard quilted print or plain fabric

Cut Out Your Pattern:

- Cut a rectangle 24” wide by 32” long. This fits a standard size machine.

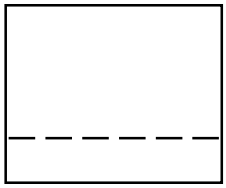
A.



Sew Your Sewing Machine Cover:

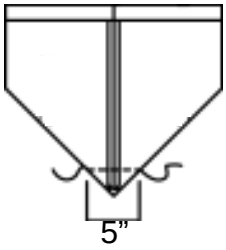
- Zig-zag around the edges of your fabric (page 20).
- Fold the fabric in half lengthwise, right sides together, making a 24” X 16” rectangle.
- If you choose to do an applique, ladybug patterns are on page 37. Follow the directions for machine applique on page 14.
- Pin side seams in place.
- Stitch both side seams, 5/8” seam allowance.
- Press the seams open (A).

B.



- Fold under bottom edge 1 1/2”, and press in place.
- Stitch 1/4” from the edge, all the way around the bag (B).
- Press a crease along the top fold of your bag. At the corner, match the side seam to the bottom crease. Pin.
- With a marking pen, mark a line 5” wide from the point formed across the corner. Stitch on this line (C).
- Trim the seam to 3/8” and zig-zag the edge.

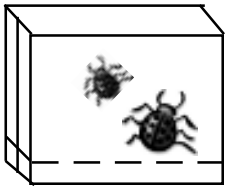
C.



You’re Done!

- Place over the top of your machine to keep it dust free between uses (D).

D.



Doll Pillow

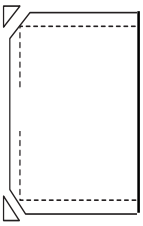
Materials and Supplies:

- 8” X 6” piece of fabric
- Batting, about a handful

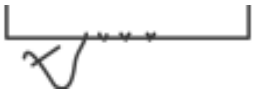
Make the Pillow:

- Fold the piece of fabric in half, right sides together, making a 4” X 6” rectangle.
- Pin and then stitch at 1/4”, all around the 3 raw edges, leaving 2” open on the long edge for stuffing (A).
- Clip across the corners to remove bulk when turned.
- Turn right side out and press.
- Lightly stuff pillow with batting.
- By hand, (page 18) stitch opening closed (B).

A.



B.



Add a Pillowcase

Follow all the directions on page 25, with these exceptions:

- Begin with a rectangular piece of fabric 9” wide and 8” long.
- Fold top edge 1/4”, then 1”.
- Optional: Add ribbon to cover stitching. Use Wonder tape on ribbon to hold in place for stitching (see page 15).

Control at the Sewing Machine

Are you having a difficult time reaching your foot pedal to control the speed of your machine? Are you tall enough to sit comfortably in front of your sewing machine? You may want to try the following in order to have better control:

...Find a pillow to put on your chair to sit taller.
...Find a box the right height to tape the foot control pedal on.
...Put a piece of foam between the foot pedal lever and foot pedal base to help control machine speed.
...If you can adjust your machine speeds, be sure to put it in “slow”.

Doll Receiving Blanket

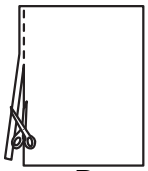
Materials and Supplies:

- 2/3 yard flannel fabric

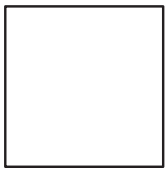
Cut Out The Blanket:

- Trim off the selvages (A).
- Make a square from your fabric, 24” by 24” (B).

A.



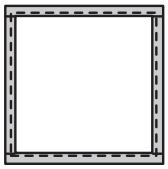
B.



Sew the Blanket:

- Fold under and press each edge of the blanket 1/2”, toward the wrong side of the fabric.
- Fold this folded edge under 1/2” again, on all 4 edges.
- Stitch all the way around the blanket 1/8” away from the inside folded edge (C).

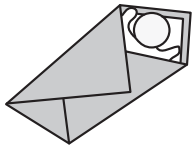
C.



Make it Baby Size

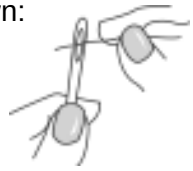
Follow the directions above, with these exceptions:

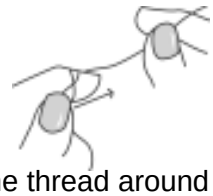
- Purchase 1 1/2 yards of fabric.
- Make a 42” by 42” square from your fabric.



Threading a Needle

- Cut your thread at a slant. Hold the needle in one hand, and bring the thread to and through the eye of the needle as shown:





- To tie the knot, wrap the end of the thread around the end of your index finger. Roll the crossed end into a loop as you push the loop off the end of your finger with your thumb. As you do this, pull the knot down to the end of the thread.

Doll Quilt

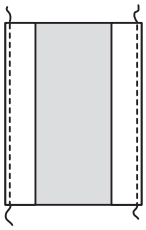
Materials and Supplies:

- 1/3 yard print fabric
- 1/2 yard plain fabric
- 13” X 17” piece quilt batting

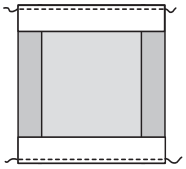
Cut Out Your Pieces:

- Cut out an 9” by 12” rectangle from your print fabric.
- Cut 2 pieces of fabric 3” by 12” and 2 pieces 3” by 14” from border fabric.
- Backing fabric and batting will be cut later.

A.



B.

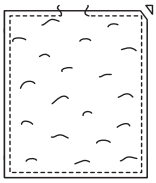


Sew the Quilt Top:

- Pin, and then sew at 1/4” seam allowance, a strip of 12” border fabric to the 12” edge of the print fabric. Repeat for the other side (A).
- Press entire seam allowance toward the border fabric.
- Now pin and then stitch the other two 14” borders to the top and bottom edges. Press (B).

C.

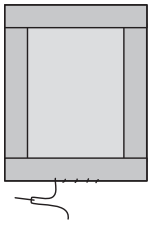
D.



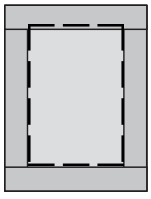
Putting it all together:

- Cut the backing fabric and the batting the exact same size as your quilt top.
- Layer these 3 pieces like this: batting, backing (right side up) and the quilt top (right side down) (C).
- Pin and then stitch all the way around the quilt, leaving a 3” opening for turning right side out.
- Clip the corners (D).
- Turn right side out.
- Sew by hand, page 18, the opening closed (E).

E.



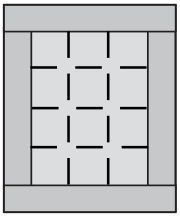
F.



Quilting The Quilt:

- Quilt by stitching along the border seam (F).

- Using your marking pen, mark and then stitch 3 squares wide and 4 squares long.
- Optional: Cut the 1 yard ribbon into 4 equal pieces. Use these 9" ribbon pieces to make bows at each of the print fabric corners.



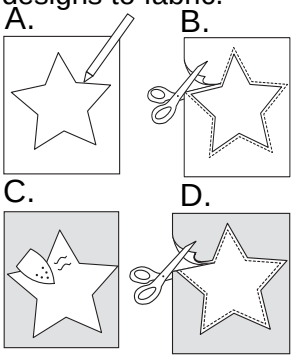
You're Done!

- Looks lovely, doesn't it?

Machine Applique

...Applique is a technique where a design is cut from one fabric, bonded to another, and stitched in place around the edges. We give you ladybug applique patterns for the projects in this book.

...We will be using *Heat'n'Bond Lite* to adher designs to fabric.



Applying and Stitching an Applique:

...Preheat iron - do not use steam.

...Draw your design, upside down onto the *Heat'n'Bond* paper backing (A).

...Cut out paper slightly larger than design (B).

...Place paper side up onto wrong side of applique fabric.

...Glide iron across for 1 -2 seconds (C).

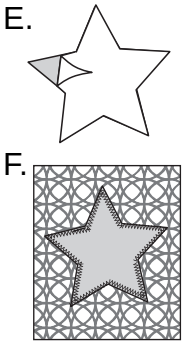
...Let fabric cool, then cut out on lines (D).

...Remove paper backing (E).

...Place in position, right side up onto the right side of your fabric.

...Fuse in place by ironing for 3 - 5 seconds.

...Zig-zag stitch at about 0.8 stitch length and 3.0 - 4.0 stitch width around the outer edges and inner details of your applique. Make sure the fabric does not show between the stitches (F).



Hair Scrunchie

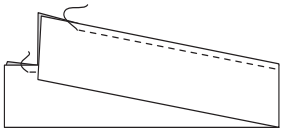
Materials and Supplies:

- 5” X 32” fabric piece
- 1/4” wide elastic, 8” long

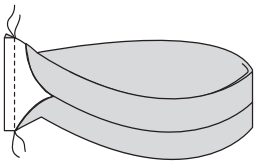
Sew Your Hair Scrunchie:

- Fold the fabric piece in half lengthwise, making a 2 1/2” X 32” rectangle.
- Stitch a 1/4” seam allowance, leaving a 3” opening at each end (A).
- Turn right side out.
- With right sides together, pin and stitch the 2 short end pieces together.
- Press this seam open (B).
- Place a safety pin on one end of your elastic. With another safety pin, pin the other end of the elastic to a seam allowance.
- Insert the free end of the elastic into the tube, and thread the entire length.
- Take safety pins off from both ends of elastic, and zig zag stitch ends together, overlapping the ends (C).
- Hand stitch the opening closed between the folded edges (D).

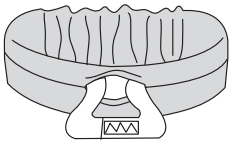
A.



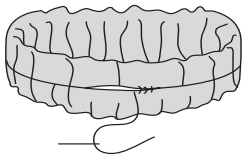
B.



C.



D.



You’re Done!

- Enjoy wearing it in your hair. Why not make one to match your other outfits, too?

Wonder Tape

Wonder Tape is a double sticky sided tape that washes away and aids in holding fabrics, ribbons, zippers and other items in place in order to sew with more accuracy and ease. You will be using it to hold ribbons in place for stitching. It comes on a roll and is 1/4” wide. To use for pillowcase ribbon, simply unroll and stick to the back of your ribbon, peel off the backing and then place the ribbon on your fabric for stitching.

Fancy Headband

Materials and Supplies:

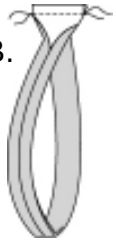
- Fabric piece, 2 1/2” wide by 42” long
- 3/4” soft elastic - measure the distance around your head and subtract 1” for elastic length.

Sew Your Headband:

- Fold the fabric piece in half lengthwise, making a 1 1/4” X 42” rectangle.
- Stitch a 1/4” seam allowance, leaving a 3” opening at each end (A).
- Turn right side out.
- With right sides together, pin and stitch the 2 short end pieces together.
- Press this seam open (B).
- Place a safety pin on one end of your elastic. With another safety pin, pin the other end of the elastic to a seam allowance.
- Insert the free end of the elastic into the tube, and thread the entire length.
- Take safety pins off from both ends of elastic, and stitch ends together overlapping the ends (C).
- Hand stitch the opening closed between the folded edges (D).

A.

B.

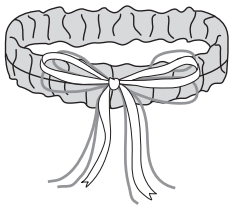


C.

D.

Make The Ribbon Decoration:

- Tie a 12” piece of 1/2” wide satin ribbon into a bow.
- Tie two 12” pieces of 1/8” ribbon into a bow.
- Hand stitch the ribbon bow to the headband.
- Sew a decorative button in the middle.



You’re Done!

- Enjoy wearing it.

Drawstring Purse

Materials and Supplies:

- 1/3 yard fabric
- 1 3/4 yard cording

Cut Out Your Pattern:

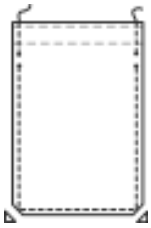
- Cut 2 rectangles 8” X 14” (small bag) or 10” X 17” (large bag).
- Cut 2 cords, 22” long (small bag) or 30” long (large bag).

Sew The Bag:

- Lay your 2 rectangular fabric pieces flat, and press out all creases.
- Zig zag around the edges of both pieces, then press.
- Refer to the guide sheet on page 35 to help you better understand the following steps.
- With the fabric flat, turn up and press a 1/2” fold on one end, toward the wrong side of the fabric. Do this to both pieces.
- Turn this folded edge down 3” and press. Do not pin or stitch at this time (A).
- Lay your two fabric pieces flat, right sides together.
- Pin one end and the two lengthwise side pieces.
- Referring to the guide sheet, page 35,mark where the stitching will leave an opening on the two lengthwise sides. This is where the drawstring will pull through the sides of the bag.
- Straight stitch the 3 sides, leaving the marked openings on each side unstitched (B).
- Clip across the bottom corners to eliminate bulk when turned.
- Press side seams open, press bottom flat.

A.

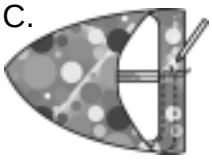
B.



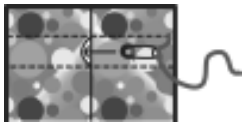
Sew The Drawstring Casing:

- Turn down the pre-pressed folded hem.
- Stitch 1/4” from the edge of the bottom fold, all the way around.
- Mark a line 1” above this stitching. This will make the casing for your drawstring (C).
- Stitch all the way around on this line.
- Wrap a piece of tape around the ends of your cords. Place a large safety pin 1/2” in from the end of once piece of cord.
- With the safety pin, feed cord through the opening into the casing all the way around the bag. Knot the ends together (D).
- Repeat with the second cord from the opposite opening (E).
- Pull the cords to draw your bag together.

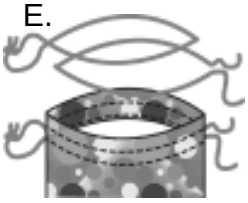
C.



D.



E.

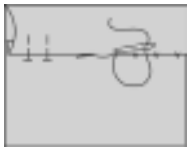


You’re Done!

- Have fun filling it and using it.

Basic Hand Stitches

Running Stitch - is used for basting, gathering and mending. Take several stitches forward, weaving the needle in and out of the fabric.



Slip Stitch - is what you use when you don’t want the stitches to show. You will use it to hand stitch openings closed. Slip the needle through the edge of the fold of the top fabric. Then, with a small stitch, pick up a thread of the lower fabric. Repeat. Stitches should be about 3/8” long.

Sewing Bug Puppet

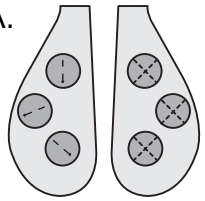
Materials and Supplies:

- 2 black felt pieces
- 1 red felt piece
- 2 black pom poms (1/2”)
- 1 red pom pom (1/2”)
- Patterns B, C, D, and eyes on page 38-39
- 1/2 yard 1/4” red ribbon
- Small amount of batting
- 1 black pipe cleaner
- 1 piece white felt

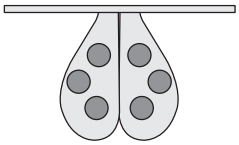
Cut Out Your Pieces:

- Cut 2 black felt pieces on fold from pattern B - body.
- Cut 2 red felt pieces from pattern C - wings.
- Cut 6 black felt pieces from pattern D - spots.
- Cut eyes from black and white scraps.

A.



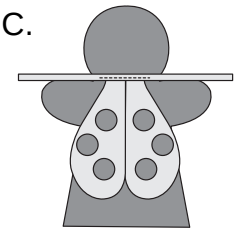
B.



Sew The Wings:

- Following the spot placement on the pattern, pin your spots on each wing, then sew in place by stitching an X on the spot. Be sure to flip over the wing felt piece to reverse the pattern for the second wing (A).
- Find the center of the red ribbon strip.
- Sew the top of wing to each side of center. Be sure the straight wing edges meet in middle (B).
- Now sew this piece onto the neckline of one black body piece (C).

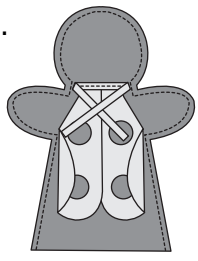
C.



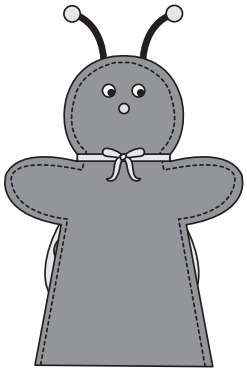
Sew The Body Together:

- Pin the 2 body pieces together.
- Stitch 1/4” from the edge, all edges except the bottom curved edge. Be careful not to catch the wings or ribbon in your stitching (D).

D.



Embellish the Front:



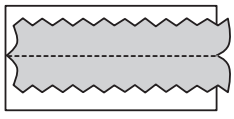
- Cut out 2 white eye ovals, and 2 black eyes.
- Glue eye pieces on the front following the placement guidelines on the pattern.
- Glue the red pom pom nose in place.
- Bring your ribbon ends around from the backside and tie a bow on the front neckline.
- Cut your pipe cleaner in half. Bend each in the middle.
- Glue a black pom pom onto the end of each. Let dry well.
- After the pom poms are dry, glue the pipe cleaner to the middle top of the head on the back side.
- When everything is dry, lightly stuff the head for ease in manipulating the puppet.

You're Done!

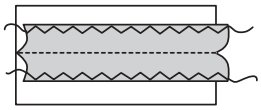
- Have fun playing with your puppet.

Finishing Seam Edges

Because woven fabrics ravel, applying a seam finish to the edge of the fabric will prevent fraying and extend the life of the project. We recommend either using pinking shears to finish your edges, or to overcast them (zig-zag the edge). Felt and knits do not ravel, therefore you do not need to apply a seam finish to these fabrics.



Pinked - With special scissors called "Pinking Shears", cut along the outer 1/8" of the fabric edge. Use on fabrics that do not fray.



Overcast - Zig-zag stitch the outer edge of the fabric. The zig goes into the fabric, the zag goes just off the edge of the fabric. Apply this finish before stitching the seam.

Easy Tote Bag

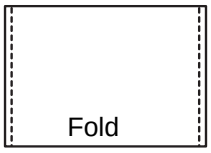
Materials and Supplies:

- 1 purchased fabric placemat, about 13” X 18”
- 1 yard matching grosgrain ribbon for handles

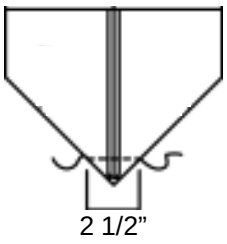
Sew your Tote Bag:

- Fold and pin placemat in half lengthwise.
- Stitch ends at 5/8” seam allowance (A).
- Press a crease along the bottom of your bag. At the corner, match the side seam to the bottom crease. Pin.
- With a marking pen, mark a line 2 1/2” wide from the point formed across the corner. Pin and then stitch on this line (B).
- Repeat for the other side.
- Turn right side out.
- Cut the ribbon into two 14” pieces.
- Fold and press each end under 1/2” and then again another 1/2”.
- Find the center of the bag on the top edge and mark with a pin.
- Place and pin the ribbon ends 2” on each side of this pin, on the inside of the bag.
- Stitch ribbon onto the top edge by stitching in a rectangle over the turned under edges of the ribbon. Be careful that there are no twists in the handles (C).
- Add buttons for embellishment if you like.

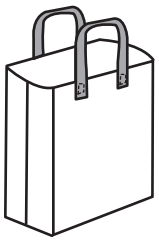
A.



B.

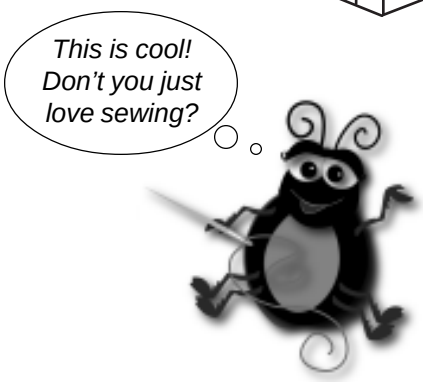


C.



You’re Done!

- Enjoy your tote bag - you’ll find many uses for it.



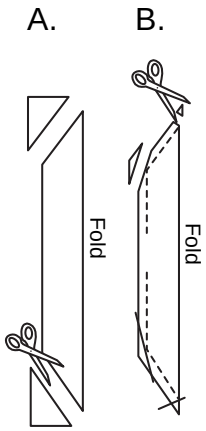
Hot Weather "Cool" Wrap

Materials and Supplies:

- 1/8 yard fabric
- 2 teaspoons *Watersorb*, medium (Purchase where plant supplies are sold)

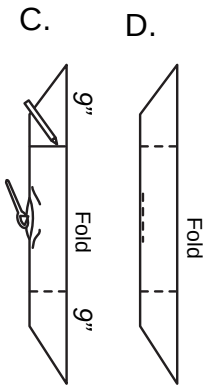
Cutting Out Your Pattern:

- Cut out one fabric piece, 4" wide by 42" long.
- Fold in half lengthwise, making the rectangle 2" X 42".
- Taper the ends by cutting them off at a 45' angle.(A).



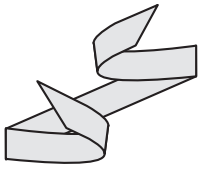
Sewing Your Cool Wrap:

- Pin and then stitch the open edges at 1/4" seam allowance, leaving a 3" opening in the middle for turning and to add the crystals.
- Clip across corners (B).
- Turn right side out and press.
- Measure 9" from the point on each side, draw a line across the width of the band and stitch (C).
- Measure 2 teaspoons of Watersorb, and put in center opening.
- Machine top stitch opening closed, stitching close to the edge (D).



You're Done!

- To activate the crystals (they really swell up!), soak the wrap in cool water 5 - 10 minutes.
- Store in a *Ziploc* baggy and refrigerate until ready to use.
- These cool wraps can be used repeatedly, rehydrate as needed.



Wear cool wraps around the neck or head and it will bring great relief from the heat! You will want to keep 2 or 3 in your refrigerator this summer!

Comfy Fleece Mittens

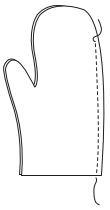
Materials and Supplies:

- 1/3 yard polar fleece
- 1/2 yard extra wide double fold bias tape
- 1/2 Yard 1/4” wide elastic

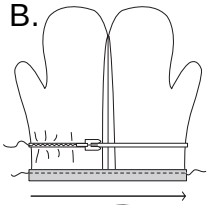
Sew Your Mittens:

- Find mittens pattern on page 36 and cut 4 from fleece fabric.
- Lay mitten pieces right sides together, and sew long, straight, side seam from cuff to fingertip at 1/4” seam allowance (A).
- Open up and stitch bias tape to cuff end (B).
- Cut elastic to exact wrist measurement.
- Line up elastic 1 1/2” from bias tape edge.
- Stretching the elastic as you sew, zigzag the elastic to the mitten, using a 3.0 stitch width and 1.5 stitch length.
- Turn wrong side out, and finish stitching around the mitten. Be sure tobackstitch well at the end of stitching (C).
- Sew a second row of stitching over the top of the first one on each side of the thumb.
- Clip to, but not through stitching on the curve (D).
- Turn right side out, and enjoy!

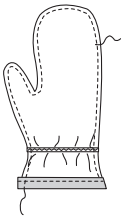
A.



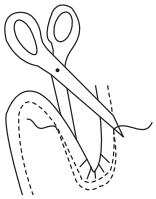
B.



C.



D.



Working With Fleece

Polar Fleece is wonderful! It is easy to sew, and comes in a nice selection of colors and prints. There are a few adjustments that will make using this fabric more successful:

...Never iron Polar Fleece - it will melt!
...A walking foot for your machine helps feed the bulky fabric.
...Lengthen your stitch length to 3.5 - 4.0.
...Consult your instruction manual to slightly loosen the pressure on the presser foot to accomodate the extra fabric bulk.
...The crosswise grain, or stretch of fabric always goes around.
...Use long, glass head pins.

Sweet Sachet

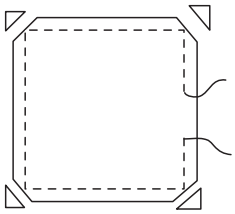
Materials and Supplies:

- 2 - 7” by 7” fabric pieces
- 1 yard 1/8” ribbon
- 1 cup sweet lavender buds* or other potpourri

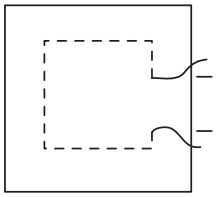
Make The Sachet:

- Pin the two fabric pieces together, right sides together.
- Stitch at 1/4” seam allowance leaving a 3” opening on one side to allow for stuffing.
- Clip across corners (A).
- Turn right side out, and press.
- With a marking pen, draw lines 1” in from the outside edges, making a square.
- Stitch on this line, leaving a 2” opening on the same edge as the first opening (B).
- Lightly fill the center section with potpourri.
- Now, carefully finish machine stitching the inside opening closed.
- By hand, page 18, stitch the outside opening edges closed (C).

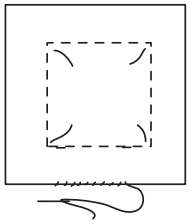
A.



B.



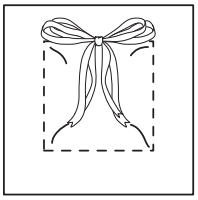
C.



Finishing the Sachet:

- Cut the ribbon in half. Holding the 2 pieces together, tie into a bow, making a double bow.
- Hand tack it to the top of your sachet, letting the ends dangle down.

D.



You’re Done!

- Place your sachet in a drawer to keep your clothes fresh and smelling nice.

**You may purchase sweet lavender buds for your sachet on our website at www.bunkhousesewing.com.*

Pillowcase

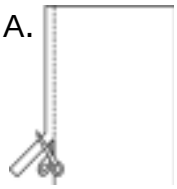
Materials and Supplies:

- 1 yard cotton fabric
- 1 1/2 yard of 3/8” ribbon

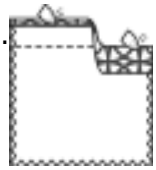
Sew Your Pillowcase:

- Lay your fabric flat - like a big rectangle It will measure approximately 36” X 42”.
- Press out all of the creases.
- Cut 1/2” off from the outside selvage edges (A).
- Zig zag all the edges.
- On one of the long edges, turn to the wrong side 1/2” and press.
- Now, turn this same edge down 3” and press (B).
- Open your fabric up flat again. Fold it in half lengthwise.
- Straight stitch the side and bottom end.
- Clip across the bottom corner (C).
- Turn right side out and press seams open.

A.



B.

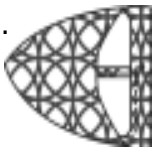


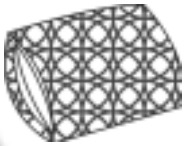
C.

Sew The Hem In Your Pillowcase:

- Turn down and pin in place the pre-pressed, folded hem.
- Stitch 1/4” from the inside fold edge. You will be stitching in a circle. Start at the seam line, and when you come back to where you started, overlap your stitching by 1/4” (D).
- Optional: You may add a ribbon over the hem stitching to add interest. Use *Wonder Tape* to hold it in place as you stitch (page 15).

D.





You’re Done!

- Sweet dreams!

Slip On Garment Bag

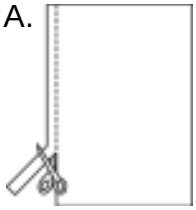
Materials and Supplies:

- 1 yard fabric
- 1/2 yard *Velcro*

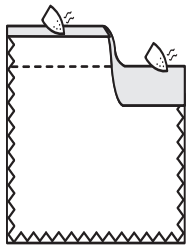
Sew your Garment Bag:

- Lay your fabric flat - like a big rectangle It will measure approximately 36” X 42”.
- Press out all of the creases.
- Cut 1/2” off from the outside selvage edges (A).
- Zig zag around all the edges.
- On one of the long edges, turn fabric to the wrong side 1/2” and press.
- Now, turn this same edge down 3” and press (B).
- Open your fabric up flat again, but do not press out the folds. Fold it in half lengthwise.
- Straight stitch the side and bottom end. Leave a 3” opening in the exact center of the bottom edge (for the hanger to go through).
- Clip across the bottom corner (C).
- Turn right side out and press seams open.
- At the hanger opening, press the seam allowance open and straight stitch 1/4” from the edge on each side (D).

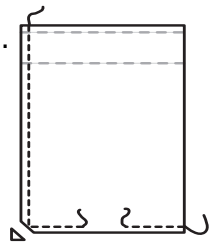
A.



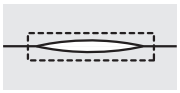
B.



C.



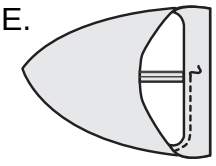
D.



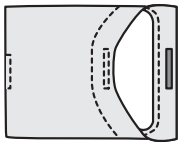
Sew The Hem In Your Garment Bag:

- Turn down and pin in place the pre-pressed, folded hem.
- Stitch 1/4” from the inside fold edge. You will be stitching in a circle. Start at the seamline, and when you come back to where you started, overlap your stitching by 1/4” (E).
- Center, pin and sew *Velcro* to the inside bottom edge of the bag (F). You may use *Wonder Tape* on the backside of the *Velcro* to hold in place as you stitch around the outside edge of *Velcro* strips.

E.



F.



You’re Done! Don’t forget it on your next outing!

Throw Pillow Cover

Materials and Supplies:

- 3 - 1/2 yard pieces of coordinating fabrics
- 16” pillow form

Cut Out Your Pattern:

- Cut two 17” squares from 2 fabrics
- Cut one 17” square from 1 fabric.
- Fold 4 of the 5 squares in half, lengthwise.
- The 5th square becomes your pillow back.

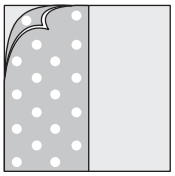
Prepare and Sew the Pillow Together:

- Lay the back fabric right side up.
- Lay one fabric on top, matching cut edges, with the fold to the middle (A).
- Lay each additional fabric on, one at a time, alternating the folding pattern, similar to how you would fold the top of a box, so a different fabric shows from each 1/4 of the square (B-D).
- Pin in place, and stitch at 5/8” seam allowance all the way around the pillow.
- Remove the pins, and zigzag the edges all the way around the pillow (E).
- Clip across your corners.
- Turn right side out through the folded fabrics, carefully poking your corners into points.
- Stuff your pillow inside (F).
- Optional: Sew tassels onto the corners or add double ribbon bow with a button.

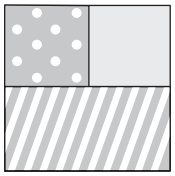
You’re done!

- If the center gaps a bit, you may hand stitch it together, or put a button or applique in the middle.

A.

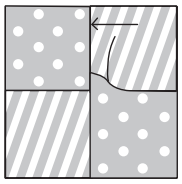


B.

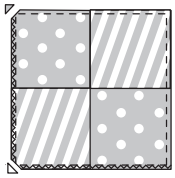


C.

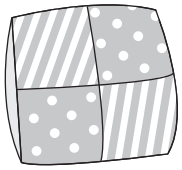
D.



E.



F.



Tooth Fairy Pillows

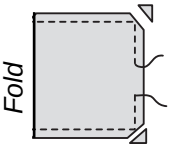
Materials and Supplies:

- 2 - 7” X 7” fabric pieces
- 1 - 2” X 4” pocket fabric
- 1 - 2” X 2” tooth fabric
- 1 - 2” X 2” *Heat’n’Bond*
- 14” of 1/2” ribbon for hanger
- Girls: 28” of 1/4” ribbon for bows
- Boys: 2 buttons

Sew the Pocket:

- Fold the pocket piece in half, and stitch around 3 edges, leaving a 1” opening for turning.
- Clip corners and turn right side out. Press (A).
- Draw tooth pattern (next page) onto paper side of *Heat’n’Bond*. Adher onto tooth fabric. Cut out.
- Adher tooth onto center of pocket (B), page 14.
- Pin pocket in center of larger fabric square.
- Stitch bottom and 2 sides in place (C).
- You may write your name with a permanent ink marker underneath the pocket.

A.



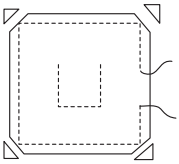
B.

C.

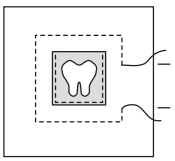
Sew the Pillow:

- Line up, right sides together, pin and stitch the outside edges of the 2 large fabric pieces. Leave a 3” opening to allow for stuffing (D).
- Clip corners, turn right side out and press.
- With a fabric marking pen, draw lines 1” in from the outside edges, making a square.
- Stitch on this line, leaving a 2” opening on the same edge as the first opening (E).
- Lightly fill the center section with batting.
- Now, carefully finish machine stitching the inside opening closed.
- By hand, (page 18) stitch the outside opening edges closed (F).

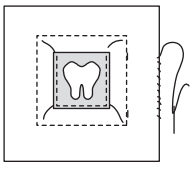
D.



E.

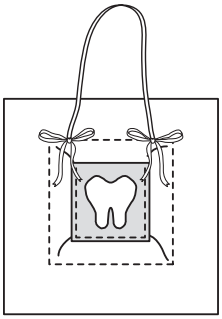


F.



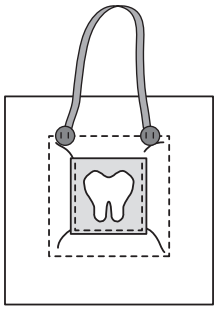
Girl's Pillow:

- Pin the door hanger ribbon 1/2" from the corners and over the inside pillow stitching.
- Cut the narrow bow ribbon in half, and pin it centered over the door hanger ribbon.
- Stitch over both ribbons to hold in place.
- Tie the narrow ribbons into a bow.



Boy's Pillow:

- Pin the door hanger ribbon 1/2" in from the corners of the inside pillow stitching.
- Place a sew-through button over the top, and hand sew it to attach the ribbon and button at the same time.

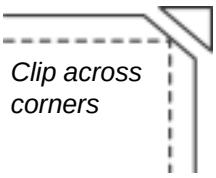


You're done!

- Keep it for yourself, or give it to someone special.

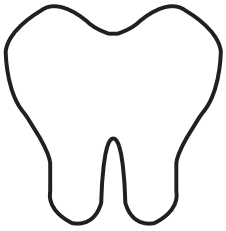
Clipping Corners

You need to eliminate extra fabric when a corner is turned. You will clip clear across the corner, diagonally, being careful not to clip your threads.

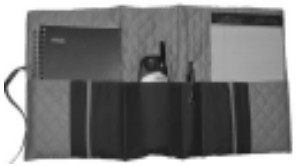


If you accidentally clip the stitching thread, re-stitch over the top of your first stitching.

Tooth Pattern
Trace off, cut out, and trace onto paper side of *Heat'nBond*



Handy Phone Organizer



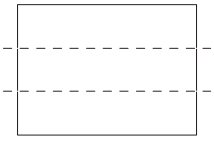
Materials and Supplies:

- 1 purchased fabric placemat about 13” X 18”
- 1/2 yard 1/4” ribbon to match

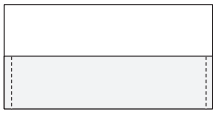
Sew the Organizer:

- Measure the depth of your placemat. Divide this number by 3 (A). Fold the bottom third of your placemat up. Pin in place.
- Stitch the 2 ends in place (B).
- From the right edge, measure back 5” from your stitching.
- Draw a line parallel to the edge. Stitch on this line. This makes a pocket for a small yellow note pad (C1).
- From the left edge, measure back 7” from your stitching.
- Draw a line parallel to the edge, and stitch on the line. This makes a pocket for a small spiral notebook with phone numbers (C2).
- Draw a line 1 1/2” in towards the center from your stitching line. This makes a pocket for your pen or pencil (C3).
- The remaining pocket in the middle is to place your portable or cell phone.
- Fold outside sections in...like a trifold wallet.
- Cut ribbon in half and attach one end to the top edge and the other ribbon to the backside of the cover where the two ribbons meet.
- Tie together to keep contents enclosed (D).

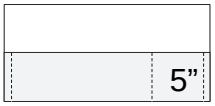
A.



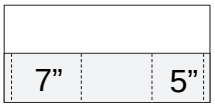
B.



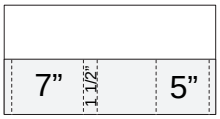
C1



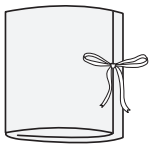
C2



C3



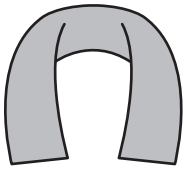
D.



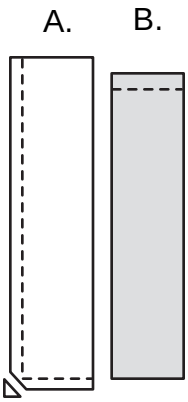
You’re Done!

- You’ll find this very handy as you move from room to room.

Soothing Lavender Wrap



Materials and Supplies:
- 8” X 24” cotton fabric piece
- Mix together flax seed, rice and sweet lavender buds (approximately 3 cups)

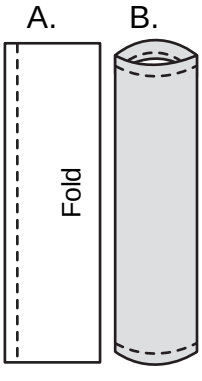


Sew the Wrap:
- Fold your fabric in half lengthwise.
- Pin and then stitch at 5/8” seam allowance, one long side, and one end (A).
- Clip corners, turn right side out.
- Fill about 1/2 full with a blend of flax, rice and lavender...about 3 cups
- Turn the open end under 1/2” and topstitch through both layers to close the end (B).

You’re Done!
- Warm your wrap in the microwave, 1 - 1 1/2 minutes, slip it into the sleeve, wrap around your neck, and relax!

Sleeve For Wrap

Materials and Supplies:
- 10” X 27” Chenille fabric piece



Sew The Sleeve:
- Fold your fabric in half lengthwise.
- Pin and then stitch the long edge only at 5/8” seam allowance (A).
- Turn the ends in 1/2”, pin and stitch in place, leaving the ends open (B).

You’re Done!
- Put your bag inside the soft chenille after heating, and enjoy.

Baby Bonnet

Size of fabric rectangle	
NB - S	13” X 7 1/2”
M - L	14” X 8 3/4”
XL	15” X 9”

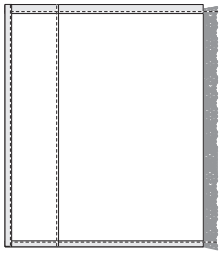
Materials and Supplies:

- 1/3 yard fabric
- 1/2 yard pregathered edging lace
- 2 yard ribbon

Cut Out The Bonnet:

- Cut out a rectangle according to the size chart above.

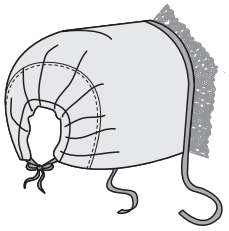
A.



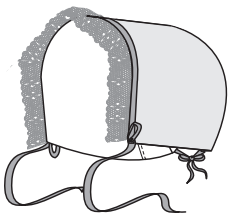
Sew the Bonnet:

- Zig zag one long edge. Stitch the pregathered lace to this edge, right sides together.
- Fold the seam under and topstitch to hold the lace in place.
- Press under the short sides, at 1/4” and then again at 1/4”.
- Stitch next to the inside fold.
- On the other long edge, turn under and press 1/4”, then again 1/2” (A).
- Stitch next to the fold to form the ribbon casing.
- With washout marking pen, mark a line 2” from the back ribbon casing.
- Stitch a very small tuck, 1/8”, on the wrong side of the bonnet, on this line.
- Insert 24” ribbon through the back casing, which you will draw up to fit the head (B).
- Mark the center of the bonnet front and the center of the ribbon. Line these points up and sew the ribbon over the top of the bonnet, leaving the long ends as ties. Use Wonder Tape (page 15) to hold ribbon in place for stitching (C).

B.



C.



You’re done!

- This cute bonnet is very simple and very sweet.

Baby Cap

Materials and Supplies:

- 1/2 yard single knit fabric (makes 2 or 3)

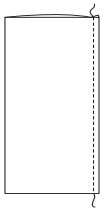
Cut Out Your Fabric:

- Cut your fabric out according to the size you intend to make, from the diagrams below.

Sew the Cap:

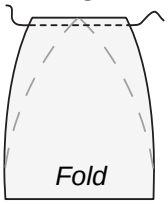
- Fold your fabric in half, right sides together.
- Pin and stitch at 1/4” seam allowance making a tube (A).
- Fold tube in half so the right side is out, seam allowances meeting each other on the inside.
- Lay down flat, and mark the fold, opposite the seam allowances with a pin.
- Pin the seam allowance edges to the fold pin marking.
- Now, refold the hat so that it lays flat. Take the 2 outside folds and pin them to the center (B).
- Lay the fabric flat with all seam edges even and stitch across this line (C).
- Turn right side out.
- Turn up bottom edge for cuff (D).
- Optional: Add a button to the folded edge for decoration.

A.



B.

C.

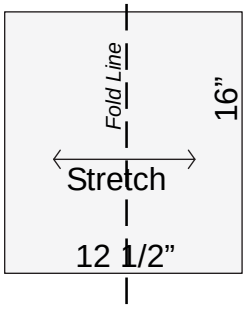


You’re done!

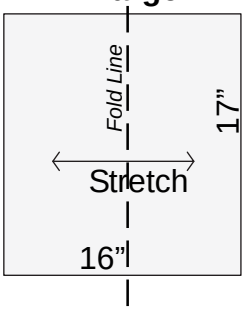
- This will make a wonderful gift for a newborn.

D.

Small



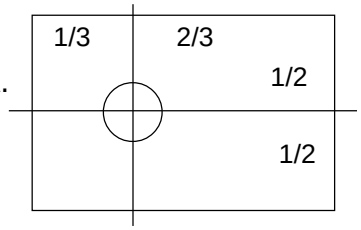
Large



Baby Bib

Size:	Circle Diameter:	Ribbing Length:
Small	4”	11”
Medium	5 1/2”	12”
Large	7”	13”

A.



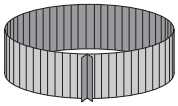
Materials and Supplies:

- Fingertip towel
- 2 1/2” by 11” ribbing

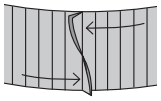
Sew The Bib:

- Cut a circle in the towel for the correct size from the chart below, and placing it according to diagram A.
- Stitch the short ends of ribbing together with 1/4” seam allowance (B).
- Twist the ribbing seam in middle and fold in half lengthwise (C, D).
- Quarter the ribbing and quarter the neckline. Pin these quarters together (E, F).
- Stretch the ribbing as you sew it to the opening. Stitch at 1/4” seam allowance, and then zig zag the edge of the seam (G, H).
- Feel free to embellish the bib with applique, trims, or any way you choose.

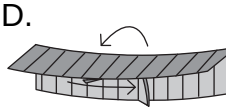
B.



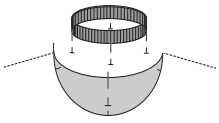
C.



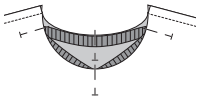
D.



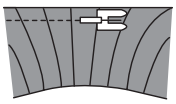
E.



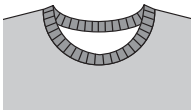
F.



G.



H.

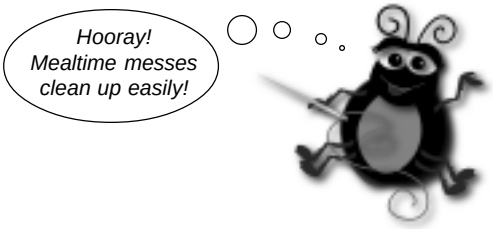


You’re Done!

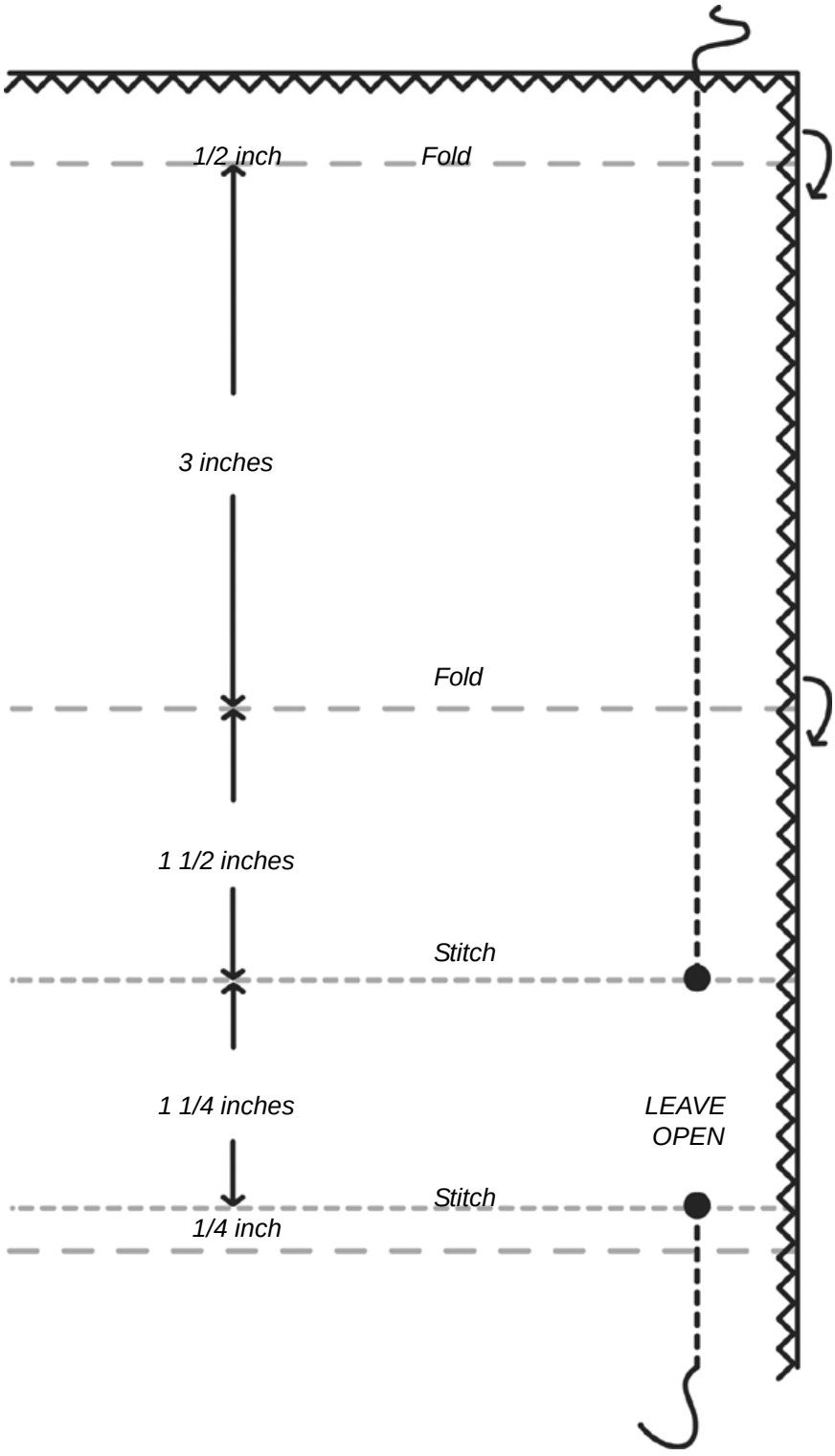
- This is a gift any mother will appreciate!

Optional: Ladybug Applique

- Find the ladybug pattern pieces at the back of the book.
- Follow the directions on page 14 for applique.
- Be creative - use ribbons and other designs on the front.

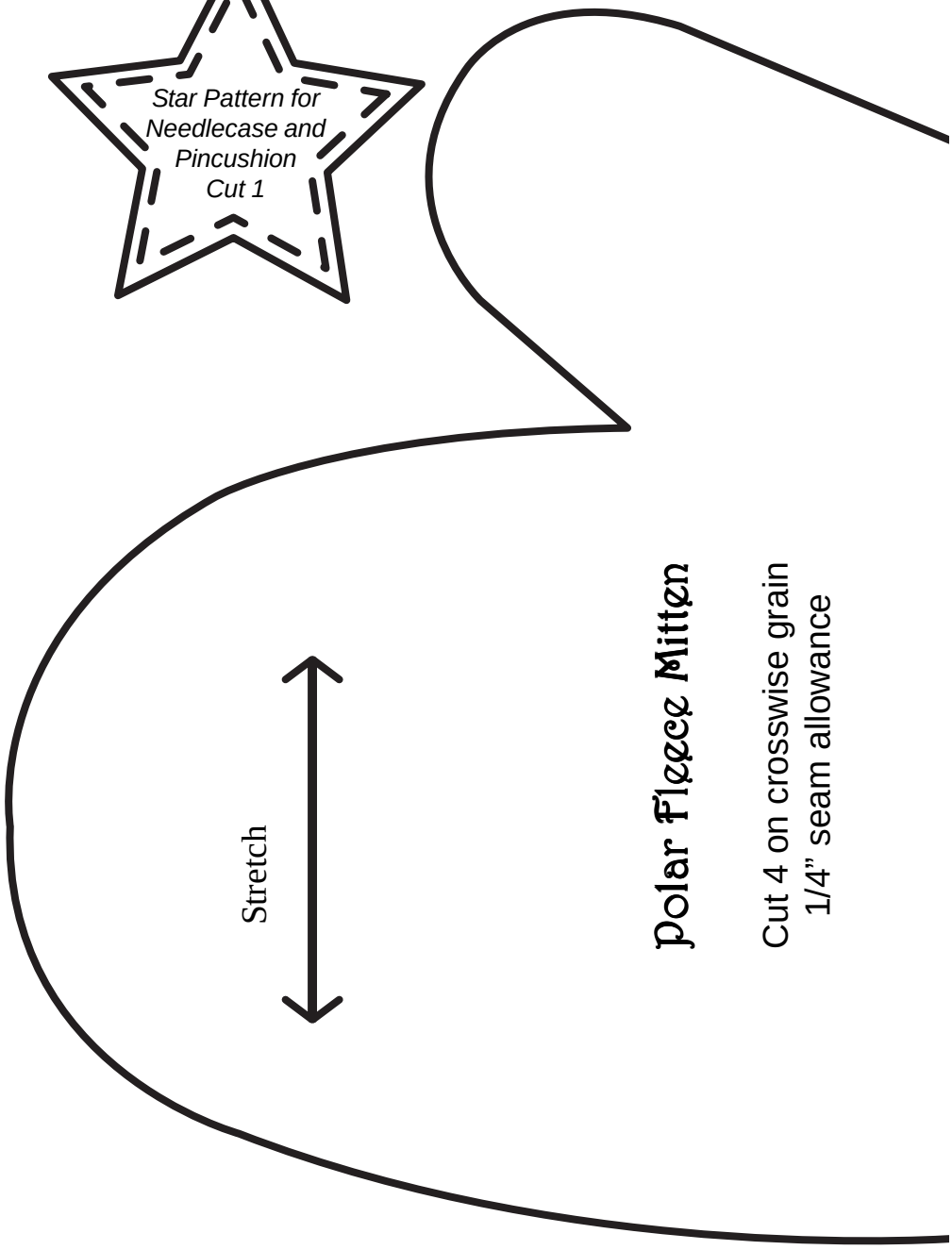


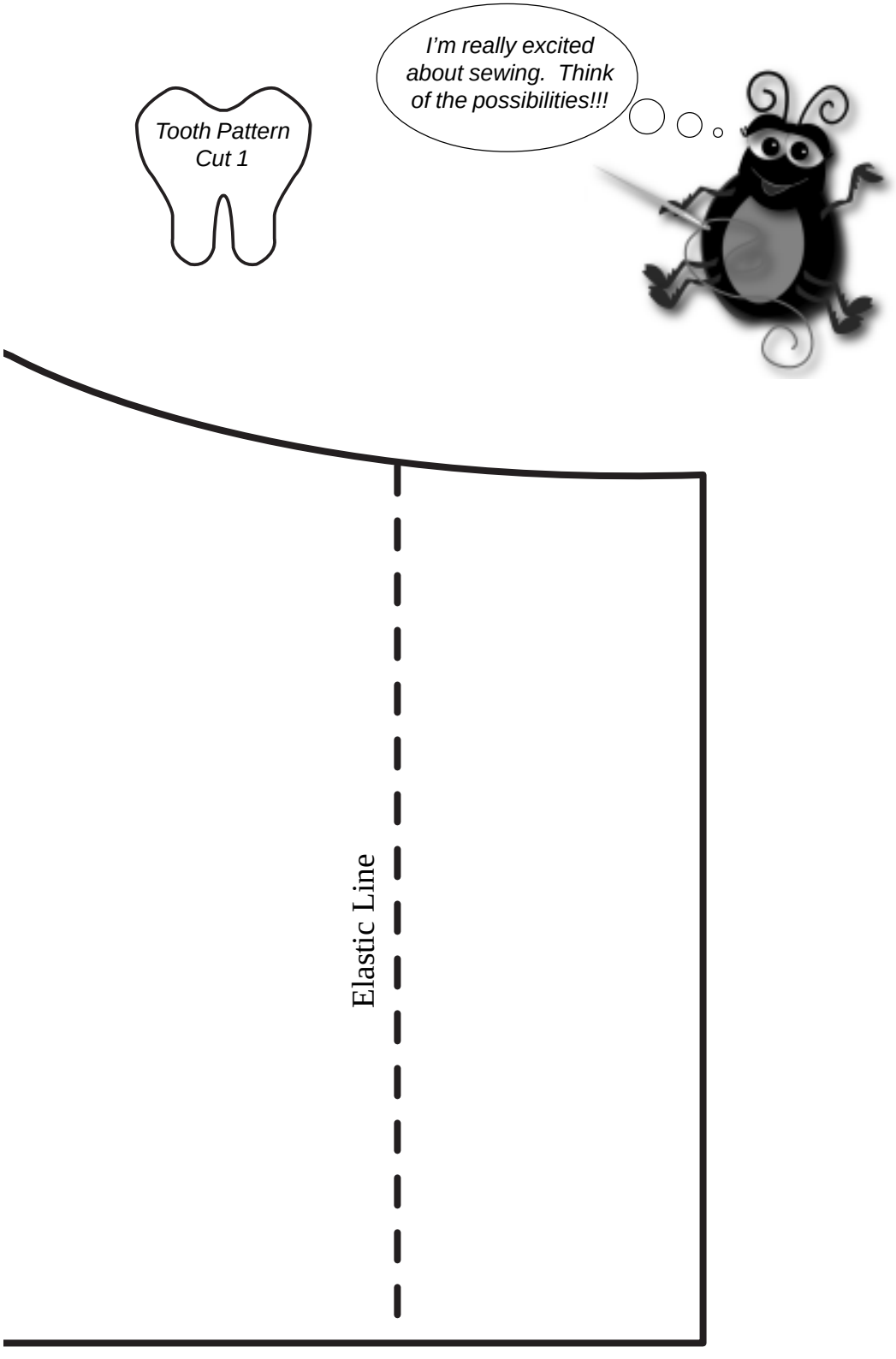
Drawstring Purse Guide Sheet



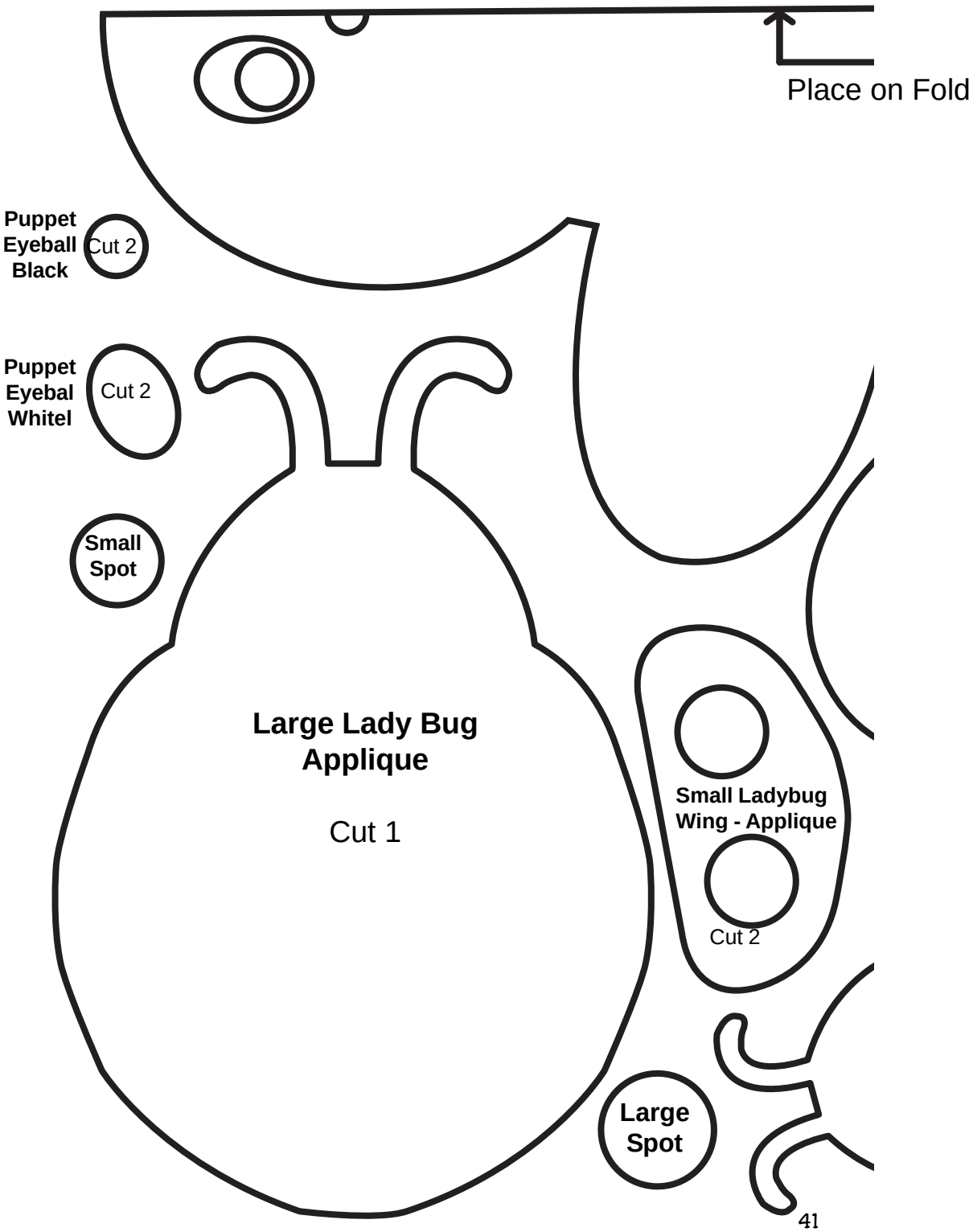
Patterns

Trace off onto another sheet of paper, then cut out.

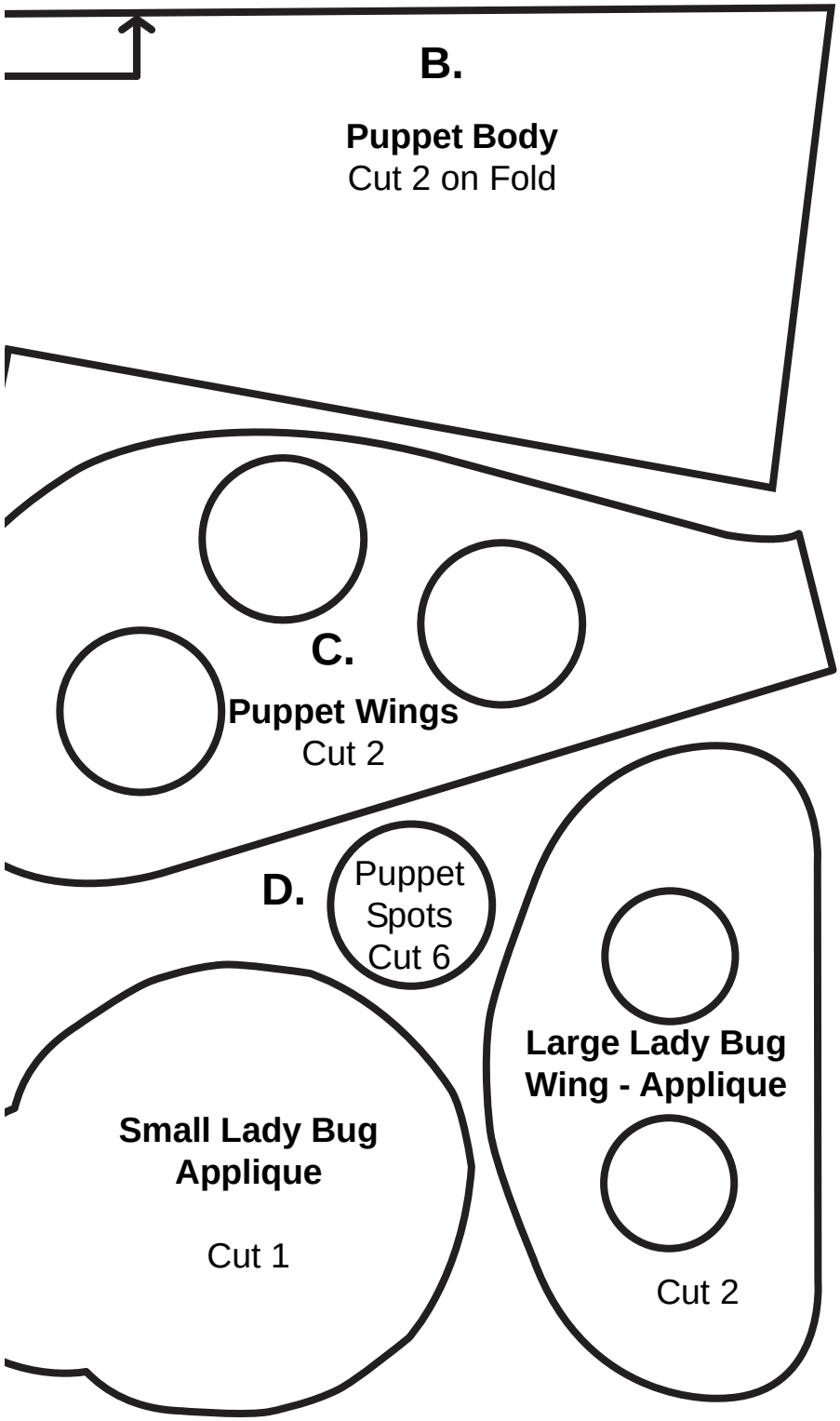



I'm really excited about sewing. Think of the possibilities!!!
Tooth Pattern Cut 1
Elastic Line

For lady bug applique, trace off patterns, cut out, turn over and trace onto *Heat'n'Bond* paper side.

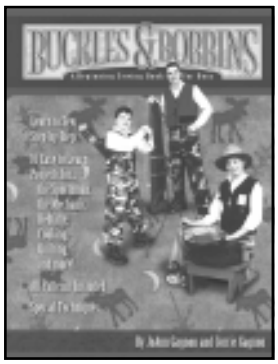


For puppet, trace off body, wing, eyeball,and spot patterns.



What's Next?

You are now ready to move into one of our next books, either Stitches and Pins (for girls), or Buckles and Bobbins (for boys). You will learn more sewing techniques and begin garment construction. These books can be ordered from our website at:
www.bunkhousesewing.com



Visit Our Website:

Our website offers you the following:

- Sewing books for all levels of expertise
- 18" Doll patterns to match patterns in the books
- 18" Cloth doll patterns
- Quilting patterns
- Church banner patterns
- Kits to stitch
- Our favorite sewing supplies
- Activities and teaching aids
- ebooks and epatterns

Check out all of our products, with complete descriptions and pictures, sample pages of books, prices and easy online ordering. For any additional information, or to call to order, contact us at 1-800-337-8845.

Catch The Sewing Bug!

"Catch the Sewing Bug" abounds with useful projects that can be successfully sewn by a young beginner.

Come along side your child and watch her experience the fun of sewing and the gleam in her eye as she proudly shows off her creations and announces to all, "I made it myself!"

Turn her first experience with the sewing machine into a lifelong love...and watch as she *"catches the bug"*.

A wonderful resource for any child who has an interest in sewing!

ISBN-10: 0-9714944-4-4
ISBN-13: 978-0-9714944-4-2
50895
9 780971 494442